

**Jenny Johnston, L.Ac., Dipl.O.M.**  
*Healthy Dragon Healing Arts*  
320 River Street, Santa Cruz, CA 95060  
831-535-3785

## **WELCOME**

### **Treatment Approach**

I offer acupuncture, herbal medicine, nutritional counseling, massage therapy, children's wellness treatments, heat therapy, doula services and outcalls. I want to optimize your results. I may use more than one therapeutic approach and I may make recommendations as to what you can do on your own. Please let me know what is of interest to you.

### **Office Hours and Appointments**

Office hours are by appointment only. Should you be unable to keep your appointment, 24 hours notice is required to avoid a late cancellation charge of \$40. For appointments that have been purchased in a package, the missed, cancelled, or rescheduled appointment will be deducted from the number of remaining appointments in that package.

### **Fees, Insurance, Payment Policies**

Payment is due at the time of service unless other arrangements have been made in advance, and can be made by cash, check, or credit card. I offer cash discounts to uninsured patients with packaged pricing - please let me know if you are interested.

I do accept and am an In Network Provider with most types of health insurance plans. If you have medical insurance that covers acupuncture, I will help you verify benefits before or soon after your first treatment. Please note that herbs and supplements are not generally covered by insurance. You are responsible for payment of fees for Medical Services if your Insurance Company does not remit payment for the claims.

### **Recommendations for Enhancing your Treatment**

If possible, please avoid coffee, alcohol and other stimulants before your treatment. It is best not to be too hungry or too full. If your schedule permits, allow some time to relax, both mentally and physically, after your treatment.

### **Your Care is My Concern**

Please do not hesitate to let me know if you have any questions or comments concerning your care.